

Inclusion Support Strategies for the Curriculum – PE

Cognition and Learning:

Learning Challenge:	Provision:
Understanding the task.	<ul style="list-style-type: none"> Physical modelling and signals. Repetition. Adult support -pictures/cards of task. Bigger space. Working with other children who model activity as well. Pre-teach.

Communication and Interaction:

Learning Challenge:	Provision:
Understanding the rules of the game and not being able to follow the instructions.	<ul style="list-style-type: none"> Modifying the task, let them choose space, task, resources, or people. Take their own responsibility for learning -differentiating STEP tool to allow them to access team work. Adult support/clear instructions. Picture cards provided to support understanding.
Communicating with others during a game.	<ul style="list-style-type: none"> Think of a signal between group to support communication.

Social, Emotional, Mental Health:

Learning Challenge:	Provision:
Anxiety towards new/ unfamiliar tasks or games. Fear of getting it wrong.	<ul style="list-style-type: none"> Modifying the activity e.g expectations, coach/player model, being the cheerleader. House points for resilience or other expectations. Working in zones (smaller groups). Grouping children by similar ability. Social stories/encouragement.

	<ul style="list-style-type: none"> • Talking to individuals about anxiety and what could be done to improve/help. • Working with parents about having the right kit, what they enjoy at home, any clubs they could join. • Coming to school prepared and in kit.
Challenging Behaviour.	<ul style="list-style-type: none"> • Allow movement or release breaks/different work environments such as a wall table. • Modifying the activity and expectations. • Smaller groups. • Clear instructions. • Adult support.
Refusal to join in.	<ul style="list-style-type: none"> • Explaining to all children the importance of PE: in addition to the physical side, teamwork, determination, sportsmanship, social and emotional skills are also included.

Sensory and Physical:

Learning Challenge:	Provision:
Physical Impairment	<ul style="list-style-type: none"> • Modified resources e.g. different sized balls, more/less space, more less/time. • Adult support. • Modified tasks. • Class taking part in para sports like balloon volleyball, target golf, Boccia.
Visual Impairment	<ul style="list-style-type: none"> • Adult support. • Walkthrough of equipment. • Resources e.g ball with a bell in. • Use of a larger or smaller space. • Differentiated task.
Hearing Impairment.	<ul style="list-style-type: none"> • Clear physical instruction/ modelling. • Clear signals known by child/class. • Key signs and visual aids.